

# **MARRIAGE REALITY CHECKLIST**

- **Communication**
  - Does your mate know what it means for you to be in the military?
  - Does your mate know that you will deploy?
  - Can you sense how the other is feeling?
  - How do you make decisions together?
- **Conflict Resolution**
  - How do you handle conflicts?
  - Arguments? How are they resolved?
  - Does one of you have to win all the time?
  - How do you handle your temper?
- **Finances**
  - Who will pay the bills?
  - Are you willing to share/ save money?
  - Can you or do you trust each other with money?
  - Will both of you work? Does your mate expect not to?
- **Sexuality**
  - Are you talking about the sexual side of your relationship?
  - Do you know that both of you can be faithful?
  - Has there been any abuse for either partner in the past?
- **Children**
  - How many children does each of you want?
  - When do the two of you feel is the best time to have children?
  - How do the two of you feel about abortion or adoption?
  - If your mate has children are you ready to be a parent?
  - Do you get along with your mate's children?
- **Religion**
  - What role will religion play in your future as a couple?
  - What religious training will you give your children?
  - What is your future spouse's attitude toward religion?
- **Family & Friends**
  - Do your friends and family support you in this relationship?
  - Why or why not?
  - Are you comfortable with your potential mate's family and friends?
  - Is your potential mate comfortable with yours?
- **Personal Behavior**
  - How do the two of you handle your free time?
  - Do you agree on:
    - Public Behavior?
    - Habits?
    - Cleaning?
    - Pets?
- **Separation**
  - Can your mate handle separation?
  - Can you handle separation?